



Schweizerischer Bodybuilding & Fitness Verband

www.sbfv.ch

**+SBFV**

# INSPECTION REPORT INTERNATIONAL MASTERS & JUNIORS SWISS CUP

**MASTERS & JUNIORS**

**INTERNATIONAL MASTERS & JUNIORS SWISS CUP**  
**5. OKTOBER 2019**  
**BEGINN 10:00 UHR**  
**FESTHALLE SEMPACH (LUZERN)**  
 INFO UND TICKETS IM INTERNET  
 WWW.POWER-ENTERTAINMENT.CH



## INTERNATIONAL SWISS CUP

**SBFV SERIES**

**INT. SWISS CUP**

**IFBB**  
**ELITE PRO QUALIFIER\***

**BIKINI - PHYSIQUE - BODYBUILDING - FIGURE**

**5. OKTOBER 2019**  
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## INFORMATION FOR ATHLETES FROM ABROAD

Welcome to Sempach, a town with historic roots!

The town of Sempach is located on the southeastern end of Lake Sempach. A place with a great history! Sempach was founded by the Habsburgs in the Middle Ages to oversee the trade traffic on the route over the Gotthard, but is better known for the historic battle «Schlacht bei Sempach» that took place on July 9, 1386 where the Habsburgs suffered a severe defeat. In 1393 the Letter of Sempach was negotiated.

The official language of Sempach is German (the Swiss variety), but the main spoken language is the local variant of the Alemannic Swiss German dialect.

**Below you will find all important information about the competition as well as accommodation and travel.**

### VENUE SITE:

This International Swiss Cup will be held at the [Festhalle Seepark-Sempach](#)

### HOTELS NEAR THE VENUE:

- Hotel Birdland; <https://www.birdland-hotel.ch/>;
- Hotel Sempachersee; <https://www.hotelsempachersee.ch/de>
- Hotel Aquafit; <https://www.aquafit-sursee.ch/>

### NEAREST AIRPORT:

<http://www.zurich-airport.com/passengers-and-visitors>  
<http://www.euroairport.com/de/>

### TRAIN:

Trains from Zurich and Basel airport depart every 30 minutes to Lucerne/Sempach. You can find detailed time tables here: <http://www.sbb.ch/en/home.html>

All the costs of traveling, hotel accommodations, transport from and to the airport and meals are the responsibilities of the National Federations or individual athletes.

### REGISTRATION & WEIGH-IN

Registration of athletes will only be considered if they are nominated by their IFBB-affiliated National Federation. The registration should be e-mailed to: [president@sbfv.ch](mailto:president@sbfv.ch).

Registration fee is CHF 40.00 per athletes. Coaches must pay for the Backstage-Pass CHF 30.00. Inquiries by mail to [president@sbfv.ch](mailto:president@sbfv.ch).

- Thursday 3. October im [Monster-Gym Erlenuweg 11, 3110 Münsingen](#); 7 PM to 9 PM
- Thursday 3. October im [Emotion Fitness Pfadackerstrasse 7, 8957 Spreitenbach](#); 7 PM to 9 PM
- Friday 4. October [Hotel Birdland](#) Eichenstrasse 1, 6203 Sempach Station; 6.30 PM to 9 PM

**ATTENTION -> NO REGISTRATION ON SATURDAY OCTOBER 5<sup>TH</sup> !**



## Special:

Dr. Rafael Santonja, President of the IFBB, has awarded the Swiss Association SBFV the award of a

## **IFBB ELITE PRO CARD for overall winner of the Bodybuilding classes**

committed to the International Swiss Cup 2019.

### **CATEGORIES OPEN FOR THIS COMPETITION:**

<b>INTERNATIONAL MASTERS &amp; JUNIORS SWISS CUP 10 AM till 12.30 PM</b>	
Bodybuilding Juniors	Bikini Masters +35 Years
Bodybuilding Masters +40 Years	Bikini Masters +40 Years
Bodybuilding Supermasters +50 Years	Figuren Master +35 Years
Classic Bodybuilding Juniors	Wellness Fitness Masters +35 Years
Mens Physique Juniors	Bikini Juniors -166cm
Mens Physique Masters +40 Years	Bikini Juniors +166cm

<b>INTERNATIONAL SWISS CUP 1 PM bis 7 PM</b>	
Bodybuilding -70kg	Bikini -160cm
Bodybuilding -80kg	Bikini -166cm
Bodybuilding -90kg	Bikini -169cm
Bodybuilding -100kg	Bikini +169cm
Bodybuilding +100kg	Figurenklasse -165cm
Classic Bodybuilding -180cm	Figurenklasse +165cm
Classic Bodybuilding +180cm	Womens Physique
Mens Physique -174cm	Wellness Fitness
Mens Physique -180cm	Classic Physique
Mens Physique +180cm	Muscular Mens Physique

**Categories with less than 3 competitors will be put together with another category (for efficiency purposes)**

### **VISAS:**

A valid passport is required to enter Switzerland. EU-country citizens do not need to obtain a visa. All other countries should consult the Swiss Embassy in their country to determine if they need a visa.

### **TANNING NEEDS:**

The SBFV has banned all tans that can be wiped off. An Official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.



**POSING MUSIC:**

All posing music must be on an audio CD only. The posing music must also be at the start of the CD. Each competitor must affix his name on the CD and even the numbers for easy identification.

**BACKSTAGE ACCESS:**

Access to the backstage and/or dressing room areas shall be strictly limited to essential personnel only.

**CAMERA/VIDEOTAPE EQUIPMENT:**

Camera and/or videotape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by IFBB-authorized media persons and, in any event, these devices shall be strictly prohibited in the dressing room area.

**CURRENCY:**

The national currency in Switzerland is CHF (Swiss Francs). All major credit cards are widely accepted at most major hotels, department stores and restaurants.

**CONTACT DETAILS:**

All Entry Forms and correspondence should be addressed to [president@sbfv.ch](mailto:president@sbfv.ch). The deadline date for submitting the registration is **September 28<sup>th</sup>, 2019**.

**PLEASE FORWARD ALL REGISTRATIONS TO:**

Please send your Entry Form no later than September 28<sup>th</sup>, 2019 to:

**SBFV President**

**Beat Geser**

**E-mail:** [president@sbfv.ch](mailto:president@sbfv.ch)

